

In This Issue

[We're Hiring](#)

[Form Ever Follows Function](#)

[Steel Lintels](#)

[Winter Tips](#)

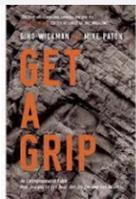
[Introducing](#)

[Photo of the Month](#)

Quick Links

[Visit Our Website](#)

Recommended Reading



Get A Grip

By: Gino Wickman and
Mike Paton
Review By: Brian Sullivan

Get A Grip tells a fictitious, but realistic, tale of a company's leadership team walking through the E.O.S. (Entrepreneurial Operating System) process outlined in Gino's book [Traction](#) that I previously recommended. The story helps get a glimpse into the closed door meetings and discussions that occur during the E.O.S. Process and gives a clear picture of how simple the decision process can be when all leaders are "rowing in the same direction" and the businesses core focus has been identified.

I read this book after having been through one year of the E.O.S. Process so portions were a reminder of how far we have come, other parts were a reminder of how grateful I am that we had a strong leadership team going in and didn't need to go through some of the difficulties that Swan Services (the fictitious company in the book) went through, while the rest of the book was a reinforcement for why we implemented the processes and will continue to utilize E.O.S. Throughout our organization.

Recommended Restaurant

November 2016 Newsletter

Greetings!

The following is the latest edition of the Sullivan Engineering newsletter. This newsletter is being provided as a courtesy, based on our professional relationship. As always, your feedback and suggestions regarding this newsletter as well as requests for future topics are appreciated. Please feel free to email us at newsletter@sullivanengineeringllc.com.

Quote of the Month

"The ideal solution to any problem in design is to achieve the 'mostest' with the 'leastest' "

- Victor Papanek

We're Hiring!



Sullivan Engineering continues to recruit team members with an entrepreneurial spirit that shares our [core values](#). We are currently looking for a **Project Manager** and/or **Senior Project Manager**. We encourage our employees to continue to grow personally and professionally through ongoing education, certifications and our recommended reading list. Being a growing firm, we encourage our employees to give input and suggestions that will help the company to grow and improve. Sullivan offers many opportunities to help employees find a voice and determine their own path. If we sound like a good fit for someone you know...[Read more](#)

"Form Ever Follows Function"

By: James Monahan



As stated in the [New York Times](#), one of the most common misused design phrases is "form follows function." This quotation is often misattributed to Le Corbusier, when in fact; it was renowned architect [Louis Sullivan](#) who coined the phrase "form ever follows function." The principle behind his design philosophy is that the style of architecture should reflect or be governed by its purpose. This concept is often debated among Engineers and Architects.

Architects will often argue that the beauty and artistic value of a building is based on its appearance and aesthetics. Engineers, however, put much more emphasis on the performance of

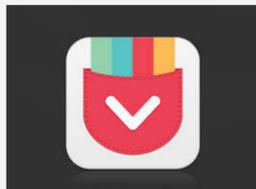


Uva

1486 2nd Ave, NY, NY
Review By: Donna Rama

If you're looking for an Upper East Side restaurant with wonderful ambiance and great Italian food, this Yorkville neighborhood gem is the perfect choice. Diners are spread out between the rustic brick-walled main room, the downstairs wine cellar, warm weather sidewalk seating on 2nd Avenue, or the year round, Tuscany inspired, backyard garden patio. Start with some of Uva's appealing appetizers such as cured meats and cheeses served on cutting boards, or the truffle honey bruschetta. The menu offers small tapas-style plates, along with classic entrees that include delicious homemade pastas. The ricotta gnocchi in a black truffle and chive sauce is amazing. For a lighter, but equally tasty option, try the fettuccine with shrimp, yellow squash, zucchini, shallots and grape tomatoes, sautéed in olive oil and white wine. A full bar offers specialty cocktails, and there's an extensive wine list. The wine flights are an excellent way to sample their different wines. Uva is open late, and serves brunch on weekends. An inviting atmosphere, scrumptious food and a great wine selection, combined with very reasonable prices, make reservations a must.

Recommended Application



Pocket

Review By: Kevin Duffy

Pocket is the perfect app for the NYC commuter. Although we can now get service in some stations throughout the city, we are still left in the dark between stations. Pocket allows you to save articles or pages from websites, or from other apps, for viewing offline. It's a great way to save New York Times articles, blog posts, twitter feeds,

building components over time. A Building Envelope Consultant understands that these views are not mutually exclusive, and will attempt to bridge the gap between form and...[Read More](#)

Steel Lintels

By: Rebecca Reilly



Steel lintels are an extremely common components of most buildings. Since they support the facade above a window, it is extremely important that these crucial steel members are well maintained.

The simplest steps to maintain steel lintels that are not severely deteriorated is to scrape, prime and paint them. Installing exterior primer and paint on the lintel will help protect it from corroding elements. Before the steel lintels are scraped and painted, the existing paint on the lintel must be tested for asbestos and lead. Paint often contains Lead, and while less common, asbestos is occasionally found in paint. If lead or asbestos exists, the paint must be abated by a licensed contractor...[Read More](#)

Winter Tips: 2016

By: Joe Czaszynski



After last year's relatively mild winter, the Farmer's Almanac is predicting the winter of 2016 -2017 to be much colder with more snow accumulation. The following proactive steps could help protect your building from possible damage during the next few months.

Exterior Walls, Windows and Doors

Building personnel should inspect all exterior walls for damage or deterioration. Temporary protection should be installed at any of suspected water infiltration locations until proper repairs can be performed in the spring. Additionally, deteriorated/damaged areas should be monitored throughout the winter to determine if conditions worsen...[Read more](#)

Introducing: Paul Perrina

By: Elizabeth Toomey



Sullivan Engineering is excited to introduce our newest Senior Building Envelope Consultant, Paul Perrina. Paul began his career in the construction industry in 1968. His vast experience includes overseeing countless restoration projects including:

or even your favorite Sullivan Engineering newsletter articles. If you link Pocket to Facebook and/or Twitter you can receive reading recommendations based on what your friends or followers like or share.

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commercial buildings, industrial properties, residential complexes, and large parking garages. Before joining our team, he was the principal owner of a restoration construction company, adeptly handling every challenging aspect of running a successful business. We look forward to tapping into this wealth of knowledge and experience that Paul brings to the table.

Paul has been married for over 31 years, and he loves spending time with his family. An ideal excursion for Paul is a trip into Manhattan for dinner and a Broadway show. Paul also enjoys playing golf, and is an avid New York Giants fan.

Photo of the Month



View from Barrow Street after our kickoff meeting

If you have any questions regarding this newsletter or any other topics that we have discussed please feel free to contact us at 973-706-8584 or via email at engineering@sullivanengineeringllc.com

Sincerely,

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