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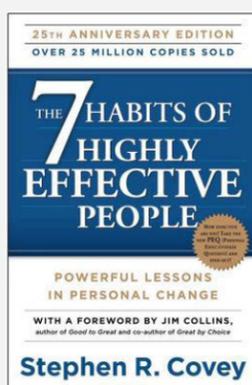
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## Recommended Reading



### 7 Habits of Highly Effective People

By: Stephen R. Covey  
Review By: Ali Hameed

Stephen Covey, one of the most influential keynote speakers, believes that the way we view the world is entirely based on our own intuition. The premise of his book "The 7 Habits of Highly Effective People"

is that truly effective people develop a core set of values or fundamental truths.

Then, when faced with personal or professional problems, they make decisions based on, or draw conclusions and solutions from, this core set of values and ideals.

This method of dealing with challenges eventually becomes instinctual and habitual, leading to greater effectiveness and success. Covey implies that success is not the result of a single action, but rather of specific formed habits that build on each other, and lead to the type of insight that

## August 2016 Newsletter

### Greetings!

The following is the latest edition of the Sullivan Engineering newsletter. This newsletter is being provided as a courtesy, based on our professional relationship. As always, your feedback and suggestions regarding this newsletter as well as requests for future topics are appreciated. Please feel free to email us at [newsletter@sullivanengineeringllc.com](mailto:newsletter@sullivanengineeringllc.com).

## Quote of the Month

*"All progress takes place outside the comfort zone"*

- Michael John Bobak

## DOB NOW: Safety

By: Brian Sullivan



As part of the Mayor's Building One City initiative, the NYC DOB is transitioning to an electronic filing system known as DOB NOW. The first phase of this transition, known as DOB NOW: Safety, a new eFiling system for compliance filings including FISP (formerly Local Law 11/98) will begin on September 12, 2016. As a result, paper submission of FISP reports will not be accepted after August 31, 2016. The following three phases will be DOB NOW: Inspections, Build and Licensing.

This new system, while no doubt will have a learning curve at first like most new initiatives, promises to be a much more efficient and effective way to capture, research and utilize the data needed by Building Owners, Owners Representatives, Design Professionals, as well as city agencies. Some of the immediate benefits of the first phase will be online access to 6th and 7th cycle reports, real-time status updates of report filings, registration and qualification of QEWI's (Qualified Exterior Wall Inspectors) and improved communication between the DOB and all involved. Additionally, QEWI's, Owners and Owners Representatives will now have a dashboard on their login

grants a higher probability of succeeding. Covey's concepts are applicable to any and all aspects of life in general, regardless of the phase or position you're in. The book's principles can guide the student, the business manager, the industry leader, or the stay-at-home parent through the growth and change that can lead to a more successful and fulfilling life.

### Recommended Restaurant



#### Red Star

176 Smith St., Brooklyn, NY  
*Review By: Rebecca Reilly*

Red Star is a trendy sandwich hotspot in the Boerum Hill neighborhood of Brooklyn. Red Star offers a unique twist on comfort food, serving inventive Asian influenced sandwiches, salads and sides. The dining space is casual and comfortable, with plenty of seating. There are board games to play while waiting for your food, dishes prepared to order with the freshest of ingredients and an awesome level of presentation to make your mouth water. The friendly staff ensures that patrons are served in a timely manner. Some of my favorite appetizers are the Spinach Artichoke Egg Rolls and the Wasabi Edamame. The Buffalo Chicken, the Korean Fried Chicken and the Miso BLT are all incredibly tasty sandwiches. The popular Red Star Gilled Cheese is elevated with tart Granny Smith apple slices. To compliment your meal,

page that will allow them to quickly see what is going on with all buildings that they are currently associated with.

Some important actions that are required prior to submitting a FISP report are noted below:

- FISP reports will now be created within the DOB NOW system, not in the typical word processing program.
- QEWI's must register with the eFiling system and be approved by the DOB FISP team.
- All Building Owners and Owners Representatives must register to access the system. Owners will need to provide an electronic signature in the system and make payment before a report can be submitted.

To assist with the registration process, as well as general use of the system, the DOB has created a user manual for [Owners](#) and [Owner's Representatives...Read More](#)

## Protecting Your Building Against Severe Weather Patterns

*By: Kevin Duffy*



Over the course of 2016, we have gone from a [Polar Vortex](#) to a [Heat Dome](#), and now according to the [National Oceanic and Atmospheric Administration](#), it looks like it's going to be a stronger than anticipated hurricane season. In fact, it may be the worst since 2012, when super storm Sandy caused millions of dollars worth of damage and displaced thousands of people in the New York metro area.



In general, it's wise to have a personal [Hurricane Preparedness Plan](#) in place. This plan may include: developing an evacuation plan, checking your residential insurance policy, buying copious amounts of canned food that you'll never otherwise use, and reviewing emergency drills with the family. In addition to this type of

several great beer, wine and house-made drink options are also available. Bonus: Red Star will deliver if you live in the area, or grab some takeout and picnic in nearby Brooklyn Bridge Park or Prospect Park.

### Recommended Application



#### Duolingo

Review By: James Monahan

If you're interested in learning a new language, download and sign up for Duolingo. It's a free language-learning platform that includes a language-learning website and app, as well as a digital language proficiency assessment exam. The app was developed in 2011 and currently provides access to over 23 different languages including: Spanish, German, English, Italian, and French. The manifesto of Duolingo's creative team was to develop a universally accessible personalized education plan.

Duolingo tracks your learning habits and progress in order to reinforce areas that require additional practice. It allows you to set your learning objectives and provides daily reminders to help users stay on track. Learning is made fun and easy through a series of games that focus on matching definitions, oral pronunciation and translating between the native language and the new language.

This highly effective

preparedness, building owners and property managers should consider protecting their building before hurricane season causes any havoc.

While it's always a good idea to review the exterior of your building, doing so before the typically high winds and heavy driving rain hit buildings with ongoing construction projects is imperative. Certain precautions should be taken to safeguard your building before unsecured equipment and materials harm the public or your property, or water infiltration at unprotected work areas damages the building's envelope and interior ...[Read More](#)

### Photo of the Month



Decorative Cornice at 41st Street and Broadway

If you have any questions regarding this newsletter or any other topics that we have discussed please feel free to contact us at 973-706-8584 or via email at [engineering@sullivanengineeringllc.com](mailto:engineering@sullivanengineeringllc.com)

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